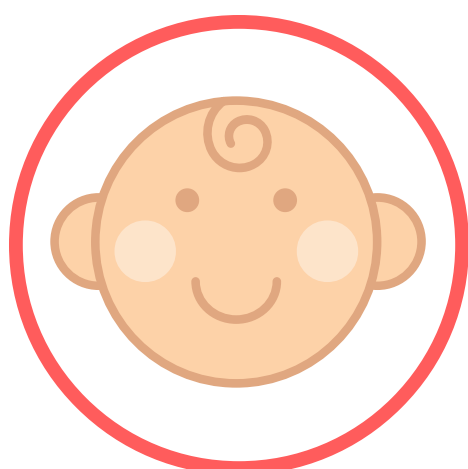


A PLASTIC FREE GUIDE FOR PARENTS



THE PROBLEM

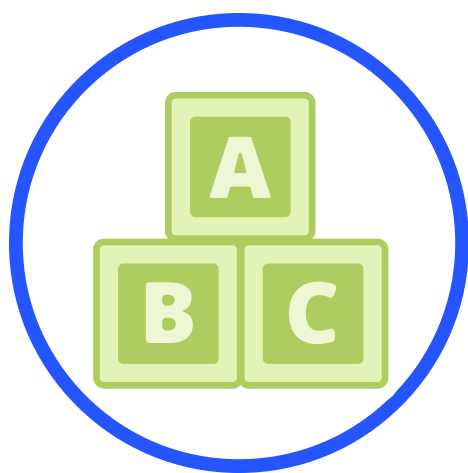
The challenge with many products for babies and children, is the short period of time they are needed.

DIAPERS AND WIPES

About 20 billion disposable diapers get thrown into the landfill each year. Most of these take 250-500 years to decompose! Those diapers (and their smell) are not going anywhere, anytime soon. Many disposable wipes contain plastic fibers that make their way into the ocean where they harm animals that eat them! Also, the antibacterial chemicals in the wipes are linked to endocrine disruption and the creation of superbugs. Many diaper creams contain titanium dioxide, which is toxic to aquatic life. Try natural products (like shea butter) that are titanium dioxide free!



SOLUTIONS



Diapers: If you choose disposable diapers, look for chlorine-free, fragrance free, and dye-free or better yet-use cloth/reusable diapers. **Baby wipes:** use soft cotton washcloths with warm water instead. If you choose to use wipes, find ones with compostable material (no plastic!) and no fragrance. **Brands to consider:** MamaEarth, Bambo Nature, Weleda.

PLASTIC TOYS

Most kids toys have a short life span and cannot be recycled or reused! **Think quality not quantity-** Items made from wood, cotton, metal and natural rubber are a great alternative to plastic toys. By consuming less plastics and using alternatives, we have the ability to provide a better environment for kids to live in for the rest of their lives. **Plastic alternative toy brands to consider:** Bioserie toys, Camden Rose, Plan Toys, Ringley, ByNature.



MORE INFO

Google: Healthy Baby Guide by MADE SAFE & PPC

- Get safe product recommendations
- Learn about toxic chemicals in plastics
 - Find tips to reduce use of plastic
 - Gather ideas to avoid other common toxic chemicals

